

## Welcome to our Office\_\_\_\_\_

To insure that your first visit is a pleasant one, here are the procedures you can expect during the next 60 minutes with us. There will someone to assist you each step along the way. Please ask any questions you may have.

***Health Questionnaire:*** Please complete confidential case history to help us get to know you. Dr. Burger will use this information to help formulate the recommendations for your care. Please be sure to fill out both sides.

***Patient Education:*** To acquaint you with our office and explain how we help our patients regain their health, we will be showing you a short video.

***Consultation:*** Dr. Burger will meet with you and discuss your health history, to determine if chiropractic care will benefit you or your child.

***Examination:*** Physical, orthopedic, neurological and chiropractic tests will be performed to determine the cause of your problem. A computerized spinal analysis will also be performed to detect muscle tension and imbalance.

***Diagnostic Imaging:*** Necessary x-ray views may be recommended to visualize the location of any spinal problems, reveal any pathologies, and make your chiropractic care more precise. To see is to know, not to see is to guess, and we won't guess about your health.

***Correlation:*** Before proper care can be rendered the doctor will review your examination, analyze your x-rays and make specific recommendations for care.

Your attitude about your health is as important to us as the specific reason that you have consulted our office. Below are four prevalent health attitudes. Please mark those that most closely reflect your personal values.

- Treatment Only** I only consult a doctor when I have an ache or a pain and discontinue care as soon as it has cleared up.
- Prevention** In addition to symptomatic treatment, I consult specialists occasionally to prevent problems from recurring.
- Maintaining Health** I am conscientious about my health, diet, and exercise. I am concerned with the long-term benefits of maintaining good health.
- Family Health** I take an active part in assisting, informing, and maintaining health with my family. I am concerned with the long-term benefits of supporting them in a healthy lifestyle.

OVER PLEASE

To help us better explain your chiropractic condition and how we may be able to help you, please check the best answer.

1. I remember important things in my life by:
  - What I see
  - What I hear
  - What feel
  
2. When I make decisions I generally:
  - Gather the facts and weigh the evidence
  - Make the right choice instantly
  - Consult my friends and family
  - Depends upon how I “feel” about it
  
3. I have pursued care because:
  - I want to avoid being sick and in pain.
  - I want to improve my health.
  
4. What are you looking for in a chiropractor?
  - Someone who cares, who’ll advise me right and help me get well.
  - Someone who won’t rip me off, won’t make me wait a long time, and will get rid of my pain.
  
5. How do you know you’ve found the right doctor?
  - I just know, or have a good feeling about it.
  - I hear good things about the doctor, or I usually get a referral from a friend.
  
6. What was your health like a year ago?
  - It’s the same; it’s been about the same for a long time.
  - Completely different.

Comments \_\_\_\_\_  
\_\_\_\_\_

**Thank You**